

Let's call for a national suicide prevention strategy

More than 25 national organizations working or with an interest in suicide prevention and mental health are calling upon the Government of Quebec to develop a national suicide prevention strategy. They have created a Collective to encourage Quebecers to join in the movement.

for a brighter
Quebec

Why a national strategy?

It is the main measure advocated by the World Health Organization to reduce deaths by suicide. However, there has been no such strategy in place in Quebec for 15 years.

There are three suicides every day in Quebec. 3 new families will be affected today, 3 more tomorrow and 3 more the day after tomorrow. Those are the same figures as 40 years ago. In addition, it is estimated that there are as many as 80 suicide attempts every day

Suicide results in permanent and irreversible loss. Its considerable human, social and economic costs could be reduced with the adoption of a national suicide prevention strategy. As a matter of fact, the implementation of national strategies often has a significant positive impact.

In Quebec, the implementation, in 1998, of the Stratégie québécoise d'action face au suicide led to an average decrease in suicide rates of 4.1% annually for men, 2.6% for women and 9.5% for youth.

Recent stories in the media about people who died by suicide have highlighted weaknesses in our system and the need to do more.

The knowledge needed to develop an effective national strategy exists. What we need is leadership, engagement and investments to turn our expertise into concrete action. Quebec must act comprehensively and urgently.

Let's call for a national suicide prevention strategy. To reduce distress. To reduce suicides. To reduce grief. For a brighter Quebec.

Le collectif

Join the movement



Share the campaign with your network and talk about it!
@ CollectifPreventionSuicide
#SuicidePrevention #BrightQuebec

To read the advocacy document, support the Collective and download awareness tools, visit:

collectifpreventionsuicide.com